

New Tiger Tots Program!



We are pleased to announce our newest program here at PMATC; the Tiger Tots program!

This class is for children between the ages of 2-4 and will be 30 minutes long.

Martial Arts exercise at this early age will help children with basic life skills such as:

- Focus
- Concentration
- Flexibility
- Balance
- Agility
- Counting
- Left and right
- And so much more!

For more information please call us at [401-949-3376](tel:401-949-3376) today!

