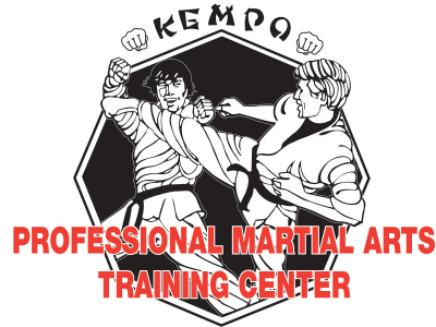


Professional Martial Arts Training Center

711 Putnam Pike, Greenville RI, 02828

(410)949-3376

ripmatc.com



We Build Confidence

Dear Parents,

We would like to take this opportunity to let you know what our goals and objectives are, as martial arts instructors, as they pertain to your children.

We have found the most important characteristics that can be taught in our children are self-esteem, respect and self-discipline. If these traits are not instilled at an early age, it might be difficult for them to function in society the way we would like them to. The question then becomes "how does all of this relate to the martial arts?"

We put on instructors through many hours of training to learn the tools necessary to instill the characteristics of self-esteem respect and self-discipline in our students. This, however, is not done overnight. It takes times, and most importantly, it takes your communication with the instructor to let him/her know about your child's activities, good or bad.

We've heard many comments and questions about what we do in our centers, among the most popular are: "I don't think my children could really defend themselves against someone much larger...", "I don't want my child taking karate lessons; he/she is already beating up his/her brothers and sisters...", "My child couldn't do karate; he/she doesn't have the coordination, and besides, is too shy..."

We would like to address these issues one at a time. First, self-defense: it's nice to be able to defend oneself, and if your children continue to study with us, they will be able to do so. Our philosophy is to fight one when bodily harm comes our way. To the instructors, the kicks and punches are not really as important as what they represent for the children. We look at kicks and punches as tools to instill and equip our students with real weapons of self-defense: SELF-ESTEEM, SELF-DISCIPLINE, and RESPECT.

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Second, as far as the aggressive child is concerned, the martial arts will, in time, give the child balance. We have the ability, through our knowledge of the arts, to take the overly aggressive child and help him/her to become less aggressive. In addition, we can take the timid child and, through achievement, help him/her to become more outgoing.

Finally, we would like to address the subjects of coordination and shyness. Martial arts classes will greatly help with coordination in a positive manner, without embarrassing the child. Karate is an individual event—the child competes in class against no one. They progress at their own speed with encouragement from you and their instructor.

In closing, we would like to thank you for your time and would like to add that we didn't invent these concepts, but we implement them in our continued efforts to make them work for your children.

We at the Professional Martial Arts Training Center strive for excellence in all that we do. If you are not satisfied with any aspect of our school (i.e., teachers, curriculum, scheduling, office management, etc.), please let the instructor know. Or, if you prefer, you may contact our head instructor, Rui Rodrigues, by calling 401-949-3376. Your compliments, suggestions and criticisms can only help us make our centers the best that they can be!

Thank you,
The Professional Martial Arts Training Center